**PE**

1. Cosmic Yoga.

Follow the instructions and enjoy the experience. Can you use what you have learnt to help you in different situations?

Below are the learning objectives to work towards.

**M9**

To copy, repeat and explore simple skills and actions with basic control and coordination.

**M10**

To vary skills, actions and ideas and their deployment and link them in ways that suit the activities.

**M11**

To work with others, devising simple ideas for practices and rules.