

RSE Scheme of work - KS1



Theme:	Key learning Outcomes:		
	EYFS	Yr1	Yr2
Relationships	<ul style="list-style-type: none"> •Who is in my family? •Who is my friend? •Who is in my class? •Play alongside others 	<ul style="list-style-type: none"> •Which groups do I belong to? •What do I do with my family? •Recognise differences between self and others. •Share resources/toys. •The value of 'Please' and 'Thank you'. 	<ul style="list-style-type: none"> •Who is important to me? •What do I like about my friend? •What does my friend like about me? •Initiate play with others. •Listen to and co-operate with others.
My Body	<ul style="list-style-type: none"> • Name key parts of the body. • Explore function of key body parts eg hands •Look at self as a baby. 	<ul style="list-style-type: none"> •How is my body different to others? •Know names of greater range of body parts. 	<ul style="list-style-type: none"> •Difference between male and female bodies. •Use of correct names for male/female genitalia.
Life Cycles	<ul style="list-style-type: none"> •Look at baby photos. •What can babies do? •How am I different now? 	<ul style="list-style-type: none"> •Know animals and humans grow and have babies. •Beginning of life eg plants. 	<ul style="list-style-type: none"> •the process of growing from young to old. •how will I change in the future? eg taller? •know that a baby comes from a man and a woman.
Keeping safe and people who help me	<ul style="list-style-type: none"> •Saying yes and no •Making choices •Be able to ask for help. 	<ul style="list-style-type: none"> •Who helps me at home/ in school? •Begin to say no if don't want to do something. •Which parts of my body are private? •Class rules 	<ul style="list-style-type: none"> •Who can I go to if I am worried about something? •public and private parts of the body. •playing somewhere that is safe to me.
Looking after myself	<ul style="list-style-type: none"> • Begin to develop independence in toileting, dressing and feeding. 	<ul style="list-style-type: none"> •Staying clean! •What can I do by myself? 	<ul style="list-style-type: none"> •How can I care for myself? what do I need to stay healthy? •Who helps me to stay healthy? eg dentist
Feelings	<ul style="list-style-type: none"> •Happy and sad. •Facial expressions 	<ul style="list-style-type: none"> •Why do I cry? •Recognise and name some basic feelings. •Give and receive praise. 	<ul style="list-style-type: none"> •Feeling angry/ scared. •How do I make other people feel? •What makes me feel good about myself? •Begin to manage feelings.